



Nareena Hills Public School

Newsletter



RESPECT

RESPONSIBILITY

RESILIENCE

Principal's News

Student Banking

Tuesday

Canteen

OCT

31 Kindergarten 2019
Playdate 9am - 10am
P&C Meeting
7pm - 8pm

31 Oct -

1 Nov NSW State Athletics

NOV

5-16 Swim Scheme
6 Assembly Item 1/2JS
9 - 10am

8 Grandparent/friend
day 9am - 10am
Year 6 Disco
committee meeting
3 - 4pm

9 Remembrance Day
Assembly 12pm

12 Applications for 2020
Yr7 Selective High
School Test
CLOSE

14 Kindergarten 2019
Orientation
9.15am - 10.30am
Instrumental Concert
6pm in hall

22 Kindergarten 2019
Playdate 9am - 10am

28 P&C Meeting
7pm - 8pm

All of our students are receiving expert basketball coaching. The best basketball player ever, Michael Jordan, once said "I've missed more than 9000 shots in my career. I've lost 300 games. 26 times I've been trusted to take a game winning shot and I missed. I've failed over and over again in my life. And that's why I've succeeded." There are many benefits to sport, not just the obvious one of physical health. Sport builds good habits for life and it takes a persistence and strength to succeed. In our school we have many outstanding athletes who show these qualities.

Noah trains 6 times a week at Beaton Park, and last week competed in the State Championship 800 metre event at Homebush. He came third in his heat with an incredible time of 2 minutes and 23 seconds, and would have progressed to the final if he didn't step on a line at the start! When Noah is running he thinks about his stride and the person in front, and believes technique and his willingness to sacrifice time as key reasons for his success.



Mia was recently awarded a prestigious Illawarra of Sports Scholarship, for her elite athlete potential in water polo. She started water polo because her mum played at school and thought Mia's skills in netball meant she would be a good water polo player - she was proved correct! Like Noah, Mia also trains six times a week and plays three games every weekend for Cronulla Sharks under 14s team! Mia believes the key skills she has for water polo are her swimming, catching and throwing skills. She enjoys it because it's "Hard and fun at the same time."

Brothers Jared and Mason competed at the Men's Artistic Gymnastics Junior State Championships for gymnastics on the weekend. Jared competed in level 3 and was placed 4th overall, with a gold medal in the points banding. Mason completed in the under 9s level 3 and was placed 25th, with a silver medal in the points banding. Their Wollongong City Gymnastics boys team was placed 5th in the grand prix points score. Jared thinks the key skills needed to succeed at gymnastics are strength and flexibility. He trains 13 hours a week and enjoys it because it keeps him healthy and he likes to compete.



Principal's News Continued



India plays goalball because it's fun and she is a good at it. On Thursday 1 November the school goalball team, which included India, Macey and Jayden, won their regional division and are through to play state finals later this month at the Olympic Park in Homebush. The team narrowly beat Cringila Public school with a score of 12 to 11. They were each awarded a goal medal. India also received the best and fairest award in the primary division and thinks the main skills needed for goalball are throwing skills and bravery.



All these students have a resilience that helps bring about success, and this is the same for their learning too. Successful sport people are often lucky to have parents who sacrifice their time and money to help their children realise sporting dreams.

Many of our talented Year 6 will leave our school this term but we congratulate them for their sporting achievements and wish them every success in the future, whether it be in a pool, in the gymnasium, on a track, or in a classroom!

School News

Remembrance Day

Our school will be holding a Remembrance Day assembly on Friday 9 November. The assembly will be held in the hall, starting at 12pm. Parents and community members are most welcome to join us.




Stage 1 end of year Fun Day Excursion

A Stage 1 fund day has been arranged for Friday 14 December . Students will participate in a variety of fun sports and activities at the University of Wollongong . A permission note will be sent home shortly, giving more information about this exciting day out.

Positive Behaviour For Learning

Congratulations to the following students for their progress in the classroom reward system.

	 Tremendous Awards
1D	Michaela, Matilda, Addison, Temperance, Kenzie,, Julien, Aleksandar and Ezekiel
3D	Harvey, Millie and Charlie



Canteen

Term 3 Wednesday 9am - 12pm

TERM 4

Week 4
7 Nov Kaylene Crowe,
Katrina Harris,
Bhavani Jayabalan

Week 5
14 Nov Vanessa Smith,
Bek Thompson,
Tess Burgess,
Deb Murray

Week 6
21 Nov Amanda Schipp,
Paula Brown,
Helpers needed

Week 7
28 Nov Rachel Kendon,
Jomana Sultan,
Allyson Barlow

Thursday 9am - 12pm

TERM 4

Week 4
8 Nov Kelly Lazicic,
Alannah Tagliapietra,
Sue Haddon,
Susan Jackson

Week 5
15 Nov Christine Gregory,
Kirsten Potter,
Kylie Evans

Week 6
22 Nov Petra Holmes,
Katrina Harris,
Tanya Pynenburg,
Vanessa McKellar,
Sarah Tobin

Week 7
29 Nov Bridget Newman,
Jason Russell,
Emily Rouen,
Kaylene Herald

Friday 9am-12pm

TERM 4

Week 4
9 Nov Amanda Schipp,
Leisa Zaharis,
Ally Horneman

Week 5
16 Nov Kate Egan,
Margo Keremelevski,
Lorraine Giatras

Week 6
23 Nov Paolo Baldassari,
Linda Zanotto,
Leone Paiola

Week 7
30 Nov Kate Johnson,
Craig Arthur,
Rachel Reece

Upcoming Payments



Dance/Fitness Program - Dance2bfit (at school)
Kindergarten, Year 1, Year 2, Year 5 and Year 6
Commencing Monday 15 October and running for 8 weeks
\$24.00 **DUE NOW**



Stage 3 Water Survival Challenge - Western Suburbs Pool,
Unanderra
Monday 3 December 2018
\$5.00 **DUE NOW**



Stage 3 Jamberoo Excursion - Jamberoo Action Park
Tuesday 11 December 2018
\$45.00 which includes entry and coach fare. If your child has a
season pass they are required to pay \$15.00 for the coach.
They MUST bring their pass on the day!
Payment **DUE NOW**



Year 6 Farewell Dinner - Lagoon Restaurant
Tuesday 18 December 2018
\$30.00 **DUE NOW**



Stage 2 PSSA Term 4 Dragon Tag - Sid Parrish Park
Friday 2, 9, 16 and 23 November
\$20.00 payable by Thursday 8 November

Next Assemblies

Term 4

Week 4 Tuesday 6 Nov - 1/2JS Class Item

Week 6 Tuesday 20 Nov - Award Assembly

Week 8 Tuesday 4 Dec - Year 5 Class Item

Pre-loved Clothing Store



Opening time for the pre-loved clothing store has changed to
Thursday afternoons from 2.45pm to 3.30pm.

If you are unable to make this time you can fill in a uniform
request at the front office and the ladies will do their best to locate
the items for you.

Lost Property

Our lost property cupboard is once
again very full. If your child/ren have
misplaced an item of clothing, drink
bottle or container we ask that you
take the time to check the cupboard
as it may be there waiting for you.



School News Continued



Education
Public Schools



ILLAWARRA JUNIOR VOCAL ENSEMBLE AUDITIONS FOR 2019

(Years 3 - 6)

The Illawarra Junior Vocal Ensemble is an exciting opportunity for Public School students in Years 3 - 6 to excel in vocal performance.

Students (Years 3 - 6) will be selected by audition. Successful students will represent the Illawarra with a variety of performances throughout the school year. In 2018, students performed at Southern Stars, Spring Into Corrimal, The Festival of Choral Music at the Opera House and The Kiama Festival of Choirs. Students will feature on the Morning Show with Nick Rheinberger on ABC Illawarra. Later this year, The Illawarra Junior Vocal Ensemble will be performing at Shellharbour Carols By Candlelight and the Wollongong City Council Lighting of the Tree.

The Ensemble is co-ordinated by Sonia Milgate (Pleasant Heights Public School), Lynda Murphy (Corrimal East Public School), Kate Whitworth (Minnamurra Public School) and Bede Darcey (Principal of Corrimal East Public School).

In 2019, we will be expanding the Illawarra Junior Vocal Ensemble into a Home and Satellite Division. **Home Division:** Rehearsals at Corrimal East Public School on Thursdays from 4 - 5pm during term. **Satellite Division:** Rehearsals at Minnamurra Public School most Thursdays from 4 - 5pm during term and will travel to Corrimal East Public School twice a term for combined rehearsals.

The participation cost for students is \$30 per term.

Should you have interested students in your school, please direct them to the following website where they can send in an audition application:

Audition Process:

Download the audition piece from the following

link: https://drive.google.com/drive/u/1/folders/1JDQf7HFhXNbczqu9Pw3cdeUzsgBnMr10?fbclid=IwAR2LGVBb_CGPzKsxxLHpurIjVTNIKmNladJM_NHO9Npgf1suF1Lz4CFjOZZk and upload your audition as an unlisted YouTube video. Fill in the required paperwork using Google Forms. All submissions will receive an email stating that their application has been received after the due date.

<https://tinyurl.com/IJVE2019auditions>

Successful students will be offered a position in the Home or Satellite division depending on locality and available positions. Students must commit to their position by Monday 3 December, 2018.

Applications are due by Monday 19 November, 2018.

For further information, please contact Sonia Milgate on sonia.milgate@det.nsw.edu.au

This initiative is supported by the NSW Department of Education.

Educational Partners



Horsley Community Doctors

44 Horsley Drive Horsley Phone: 4208 3655

Arrow Fitness and PT

Outdoor
Boot camp

\$30 per week
Unlimited

Fat Burning
sessions

Get Summer
Fit

Challenge
yourself

Call or Message JODY – 0433785447
www.facebook.com/arrowfitpt
Roy Johanson Park Figtree

Noticeboard

WOLLONGONG JUNIOR CHESS CLUB

JNR CHESS TOURNAMENT 2018 SPRING SUNDAY (Under 18 Year Olds)

7 ROUND SWISS

WHEN: Sunday 11-Nov-2018 (10:00am to 4:00pm)

WHERE: FAIRY MEADOW COMMUNITY CENTRE - KEIRA ROOM
Guest Park - Crn Cambridge Ave and
Princess Hwy Fairy Meadow
(Opposite Woolworth)

Trophy Prizes: 1st, 2nd, 3rd + Age Groups

Games will be rated by NSWJCL

Results will influence qualification to
NSWJCL Country Championship

Entry Fee: \$10

Lunch: Players should bring their own lunch and refreshments.

Arbiter and Information: JOHN MAZZIERI
Phone: (02) 4283 3080
e-mail: mazzieri@exemail.com.au

WOLLONGONG JNR CHESS CLUB
meets Thursdays 4:00-6:00pm (not school hols)
Fairy Meadow Community Centre

Future SUNDAY TOURNAMENTS

TBA-Nov-2018 QUALIFIER

Corrimal Swim Club



TRANSITION & SQUAD TRAINING

Our **Transition Squad** is aimed at children who have outgrown small learn to swim pools and programs or swimmers who wish to swim for fitness and compete at their school carnival. Children are introduced to a squad environment utilising the 50m pool to further develop their technique and endurance.




Our **Squad Program** encourages commitment to training and provides opportunities for swimmers to strive to improve themselves and be part of a competitive team environment. These squads are available for all ages and focus on stroke technique, fitness and competition race skills.



If you would like to join one of our programs or
would like further information please contact Tracey
P 0401 253 642 | email: traceswim@gmail.com

Noticeboard Continued



COMPLETE A 5 MINUTE SURVEY & SHARE YOUR EXPERIENCES ABOUT DIABETES MANAGEMENT AT SCHOOL

The survey will be open until the 7th of November 2018

DIABETES IN SCHOOLS **NDSS** The National Diabetes Services Scheme is an initiative of the Australian Government in partnership with the assistance of Diabetes Australia **diabetes australia** **ADA** THE AUSTRALIAN ASSOCIATION OF DIABETES EDUCATORS

Have your say on diabetes in schools

Diabetes Australia is currently leading consultation to develop a national program to better support kids with type 1 diabetes in schools.

The new nationally consistent training program for teachers and school staff will be targeted at every school with a student with type 1 diabetes and this will cover the safe administration of insulin, hypoglycemia (low blood glucose level) management, and 'normalising' diabetes in schools so the students are not stigmatised.

The program will also clarify the legal framework for diabetes management in schools and resolve any confusion over who can train school staff, and which school staff should be trained.

To ensure the new program meets the needs of schools, students and parents, and builds on all the good work already happening, we want to hear from you about what works and what needs to be improved.

Register to attend one of our information sessions using the information below:

<https://pwc.to/2OletTr>

For Parents and Carers

[Monday 29th October 7:00pm – 9:00pm](#)

[Tuesday 30th October 11:30am – 1:30pm](#)

For Primary Schools (Principals, teachers, support staff, nursing staff)

[Monday 29th October 4:00pm-6:00pm \(face to face\)](#)

[Monday 29th October 12:00pm-1:00pm Video/Teleconference only](#)

[Tuesday 30th October 9:00am – 11:00am \(face-to-face\)](#)

For Secondary Schools (Principals, teachers, support staff, nursing staff)

[Tuesday 30th October 4:00pm - 5:00pm Video/Teleconference only](#)

[Tuesday 30th October 7:00pm – 9:00pm \(Face-to-face\)](#)

If you can't attend a workshop, please take five minutes to complete a survey.

[Parent survey](#)

[School survey](#)

If you have any questions please visit www.diabetesaustralia.com.au