



Caring, Living, Learning

PUBLIC SCHOOL

A NUT AND EGG AWARE SCHOOL

Friday 25 November 2016

Number 101
Term 4 Week 7, 2016

RESPECT

RESPONSIBILITY

RESILIENCE

★ DIARY DATES ★

Student Banking

Tuesday

Canteen

Wednesday, Thursday &

Friday - over the counter lunchtime sales

29 Nov 2017 Kindergarten Play Day

30 Dec P&C end of year dinner -
7pm @ Friends Pizza Figtree

1 Dec Scripture Assembly - 10am
Helpers morning tea - 11am

2 Dec Assembly - 2.20pm
2017 Kindergarten Play Day

6 Dec Figtree High School
Orientation Day

7 Dec Nan Tien Temple Excursion -
Stage 2

8 Dec Year 6 Show - 6pm

9 Dec Proposed Assembly - 2.20pm

12 Dec ROSA Assembly - 9.15am

13 Dec Stage 3 Jamberoo Excursion

15 Dec Year 6 Farewell Dinner -
Lagoon Restaurant 5.45pm
Stage 3 Disco 6.30-8.45pm

16 Dec Year 6 Farewell Assembly 2pm
LAST DAY OF TERM

2017

30 Jan Students from Year 1 - Year 6
return to school

30 Jan - 1 Feb Best Start Assessments

2 Feb Kindergarten students first day



PRINCIPAL'S MESSAGE



Today sees the final session for our Swim Scheme 2016. I would like to thank the students for their behaviour and flexibility. Our Stage 1 and 2 students successfully managed the challenges associated with changes to routine and demonstrated effective organisational skills. I have been impressed with the level of independence demonstrated, by both the students attending swimming and the students that have remained at school.

The students that have remained at school have been working on a range of innovative activities. One of the activities I had the pleasure of observing this week was the designing of bionic arms. Year 4 students have been busy creating robotic arms and designing prototypes. The activity looked like great fun and allowed the students to show their creativity and collaborative skills.

This week I have been proofreading reports. Teachers have spent a great deal of time collecting evidence and reviewing assessment data. The reports aim to evaluate student learning, skill acquisition, and academic achievement throughout Semester 2. As well as a hardcopy this semester you will also be able to view the published reports in the Sentral Portal, further information and instructions on how to access the reports will be sent home at the end of Week 8.

As the final weeks become quite busy, Mrs Relf is requesting your assistance. She would be most appreciative if you could help find any mislaid books. Library books can be identified by our barcode on the back cover of the book.

Now that the weather is warming up, all students are required to be wearing a school hat. Our 'no hat, play in the shade' policy is in full force.

Thank you to Figtree Tyres for their donation. The students have been having great fun playing in the shade and creating a fitness circuit. The P&C have provided funds for the school to purchase resources for the playground and I know that the diggers that are soon to arrive will be a fantastic addition to the playground! Thank you to our hardworking and generous P&C. I look forward to sharing pictures and updates as our resources arrive.

Simone Brett (Relieving Principal)

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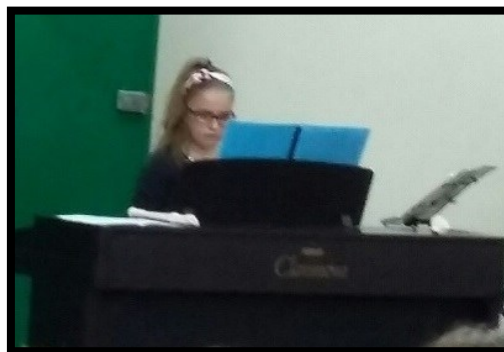
Instrumental Concert

On Wednesday 16 November we held our **4th In-School Instrumental Concert** in the assembly hall. The evening was an outstanding success and gave the Year 2 Recorder ensemble another opportunity to perform for our school community. Sixteen students from Year 2 - 6, who play instruments outside of school, were invited to perform a solo on the night. The range of instruments they played were piano, violin, drums, guitar and cornet. Teachers, parents and other family members were so proud of the extraordinary talents that our instrumentalists demonstrated on the night.

Thank you to everyone involved for supporting this event. Your cold coin donations raised \$110.00 which will be used to purchase further resources to support our performing arts program.

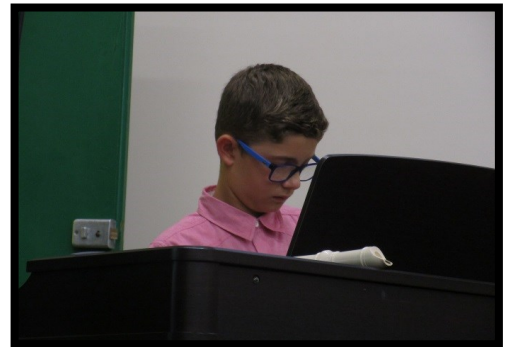
Looking forward to another wonderful concert next year.

Mr Kerin and Nareena Hills Staff





Instrumental Concert Photos continued



CANTEEN ROSTER

Wednesdays 9.00 - 2.30pm

Term 4

Week 8 30 November

Natalie Nicastrì, Christine Gregory, Amanda Schipp, Kirsten Potter

Week 9 7 December

Rachel Kendon, Louise Coleman, Juljiana Stanojevic, Tammy Montgomery

Week 10 14 December

NO CANTEEN - CLOSED FOR CLEANING

Thursday 9.00 - 2.30pm

Week 8 1 December

Linda Zanotto, Kate Johnson, Anne Simpson

Week 9 8 December

Karmen Bond, Bridget Newman, Cheree Beattie

Week 10 15 December

NO CANTEEN - CLOSED FOR CLEANING

Friday - over the counter lunchtime sales

Week 8 2 December

Kate Egan, Margo Keremelevski, Michelle Corlett

Week 9 9 December

Leone Paiola, Kaylene Herald, Lorraine Giatras

Week 10 16 December

NO CANTEEN - CLOSED FOR CLEANING

SCHOLASTIC

Book Club

Book Club orders are **CLOSED**.



Parent Action Symbol!

If you see this symbol next to an item, then it is something that you may either have to action or note in your diary.



UPCOMING PAYMENTS



Nan Tien Temple - Stage 2

Online Ref: Stage 2 Temple

Cost: \$21.00

Due: 30 November

When: Wednesday 7 December

Where: Nan Tien Temple



Stage 3 Jamberoo Action Park

Online Ref: Jamberoo 2016

Cost: \$45.00

Due: **NOW**

When: Tuesday 13 December

Where: Jamberoo Action Park



Year 6 Farewell Dinner/Disco

Online Ref: Year 6 Dinner

Cost: \$35.00

Due: **NOW**

Where: Lagoon Restaurant

When: 15 December

Where: Lagoon Restaurant/ Nareena Hills Public School

PLEASE NOTE: IF YOU MAKE AN ONLINE PAYMENT BEFORE 6PM, THE PAYMENT WILL APPEAR IN THE SCHOOL'S BANK SUMMARY DETAILS THE NEXT MORNING. IF YOU PAY AFTER 6PM IT WILL NOT APPEAR FOR TWO BUSINESS DAYS.

Next Assembly Week 8 commences at 2.20pm

Week 8	Assembly commences 2.20pm
Week 9	Proposed Assembly commences 2.20pm
Week 10	Monday 12 December - ROSA Assembly commences at 9.15am
Week 10	Friday 16 December - Yr 6 Farewell Assembly commences at 2pm



PBL ROCKET WINNERS



Congratulations to the following students for upholding our school values in the playground and being excellent role models for the rest of the school.



James, Tom, Olivia and Lily



POSITIVE BEHAVIOUR FOR LEARNING



During week eight we will be focussing on the value of RESPECT.

The focus statement is

Treat others the way you would like to be treated.

Be mindful of the way you speak to people and the language you use.

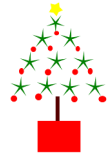
This week PBL lessons will be about respect in all settings.





Christmas in Canteen!!

On Wednesday 30 November the canteen will be selling Christmas goodies. Get in quick before you miss out on the special treats Santa's helpers have left behind.



P&C End of Year Dinner

The P&C will be holding their end of year dinner on Wednesday 30 November at 7pm at Friends Pizza Figtree. Please RSVP to nareenahillspandc@hotmail.com by 3pm Monday 28 November.

P&C PAYMENTS

Last day to purchase school uniform, bags, hats etc is **Friday 9 December**, no money will be accepted after this date.

P&C Fundraising

Here is a great way to label your child's school items, from clothing through to their lunch box, and raise money for your school at the same time!

BRIGHT STAR Kids | **STOP LOST PROPERTY**
WITH OUR PERSONALISED RANGE OF SCHOOL SUPPLIES

NAME LABEL VALUE KITS FROM \$24.95

IRON ON LABELS FROM \$11.95

BAG TAGS ONLY \$6.95

SCHOOL & LUNCH BAGS FROM \$24.95

LUNCH BOX & DRINK BOTTLE FROM \$19.95

PENCIL CASES FROM \$19.95

NOMINATE YOUR GROUP IN THE CHECKOUT: NAREENA HILLS PRIMARY SCHOOL

SHOP ONLINE AT WWW.BRIGHTSTARKIDS.COM.AU

QUICK TURN AROUND, FREE & FAST DELIVERY AVAILABLE

BE THE FIRST TO HEAR ABOUT THE LATEST PRODUCT RELEASES AND SPECIAL OFFERS





Cartoon Camps - Are available at Gwynneville Public school from Jan 3 - Jan 6. For more information pick up a brochure from the school foyer. For all enquires ph: 9343 0833 or email: bookings@cartoonkingdom.com.au www.illustrating-man.com.au

ORIENTATION DAY SPECIAL OFFER

15% OFF SCHOOLWEAR DISCOUNT VOUCHER
INSTORE & ONLINE

PLUS

- ✓ **SCHOOL REBATE**
Your school receives a rebate on all uniforms purchased at Lowes!
- ✓ **RAINCHECKS OK!**
If we don't have what you need in stock, we'll give you a raincheck.

LOWES
SCHOOL UNIFORMS
www.lowesschoolwear.com.au

PRESENT THIS VOUCHER AT YOUR LOWES STORE BY 31ST DECEMBER TO RECEIVE A 15% DISCOUNT ON ALL YOUR SCHOOLWEAR PURCHASES.

ENTER CODE: 15SCHODS AT CHECKOUT TO RECEIVE DISCOUNT ONLINE.

*Not in conjunction with any other offer.

Nutrition Snippet

The simplest way
...to eat extra veg every day.

Think a daily dose of five veg sounds like a lot? It's not, with these quick and easy ways to eat extra veg every day!

- Baked beans** on toast for breakfast (legumes count as veg).
- Veg snacks:** carrot and celery sticks; corn on the cob (hot or cold); leftover baked pumpkin or sweet potato (great on sandwiches too).
- Spread **avocado** on toast or sandwiches.
- Veggie sandwich:** cucumber slices sandwiched together with reduced-fat cream cheese.
- Salad on sandwiches:** grated carrot, lettuce, tomato and cucumber; or tabbouleh.
- Veg-oodles:** long thin strands of grated zucchini, carrot, sweet potato or parsnip mixed with wheat-based pasta or noodles.

For more information visit www.eatittoBeatit.com.au or join us at facebook.com/eatittoBeatit

Eat It To Beat It

Nutrition Snippet

The simplest way
...to eat your teeth clean.

Poor snack choices affect your child's weight, teeth and overall health. Try this activity to see what different foods do to teeth.

Eat the following foods, in order, in front of a mirror to see:

- Oreo biscuit** – a "sticky sweet" food that will fall in to all the grooves of the teeth;
- Carrot** – a firm textured, unprocessed food that increases saliva flow and will remove the Oreo particles;
- Cheese cube** – a powerful protector of teeth that neutralises mouth acid and remineralises the enamel coating of your teeth.

So stick with "firm favourites" (e.g. fruit and veg) and "powerful protectors" (e.g. cheese, milk, water) and avoid "sticky sweet" foods (e.g. biscuits, cakes, muesli bars, lollies). "Sweet acidic" juice, cordial, sport and soft drinks can attack teeth too.

Courtesy of: Hunter New England Health, Oral Health Promotion Unit, "Healthy Tums Healthy Gums" program.

For more information visit www.eatittoBeatit.com.au or join us at facebook.com/eatittoBeatit

Eat It To Beat It

