



Caring, Living, Learning

PUBLIC SCHOOL

A NUT AND EGG AWARE SCHOOL

Friday 11 December 2015

Number 68
Term 4 Week 10, 2015

RESPECT

RESPONSIBILITY

RESILIENCE

★ DIARY DATES ★

Student Banking

Tuesday

Canteen

Wednesday, Thursday

- 11 Dec Presentation Assembly for
Year 6 - 12 midday
- 14 Dec Year 6 Dinner 4.45pm -
Lagoon Restaurant
Disco 7pm - 8.45pm - School
- 16 Dec Last day for students
2016
- 28 Jan Students Year 1 - 6 return
- 1 Feb Kindergarten students start
- 12 Feb Swimming Carnival



PRINCIPAL'S MESSAGE



Principal's Picnic

Last week I had a fabulous time playing games with the radical students who received their principal's award. We played handball, duck, duck goose and rob the nest. Mrs Jordan and Mr Tunbridge also came to join in the fun!

Classes 2016

Students in Years 1-6 will return to their 2015 classes on Thursday 28 January 2016. As they have done all of this year they will line up in their class spot under the COLA. They will be met there by their 2015 teachers or one of our new 2016 teaching staff.

Kindergarten students will begin school on Monday 1 February 2016.

2016 classes will not be finalised until we are sure that we have the numbers to maintain the proposed 12 class structure, however, students will begin 2016 Stage appropriate work.

At the moment if one or two more students enrol for 2016 we may have to restructure our anticipated 2016 K-6 classes.

Book packs

Last year parents had the opportunity to order their book packs through Kookaburra.

This year we will again return to ordering the book packs through the school on line POP payment system. Information regarding payment costs will follow.

Please make sure you order before **23 January** to ensure you do not incur a late fee and to ensure that your children's books arrive at school in time for the start of the school year.



Jacaranda Avenue, Figtree NSW 2525

Ph: 4226 3867 Fax: 4226 5087

www.nareenahil-p.schools.nsw.edu.auemail: nareenahil-p.school@det.nsw.edu.au

Principal : Giselle Coltman

ASSEMBLIES

Term 4
Next Assembly Week 10
commences at 12 midday

Week 10	Friday 11 December - Year 6 Presentation Assembly at 12 midday
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 Nutrition Snippet

The simplest way

...to get organised for school lunches.

Over the course of your child's school life, you will pack around 2,500 school lunches!

Follow our six-step method to make school lunches easy, healthy and eaten every day!



1. Always include a serve of fruit (cut up if your child is young)
2. Always include a serve of vegies (don't forget legumes like baked beans count, too!)
3. Always include a drink of water
4. Always include a serve of wholegrains (bread, rice or pasta leftovers)
5. Always include a serve of reduced-fat dairy (cheese, yoghurt)
6. Always include a protein (egg, chicken, tuna).

See our website and facebook for more ideas!

For more information visit www.eatittobeatit.com.au or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)



 SunSmart Snippet

The simplest way

...to protect your skin at the snow!

Did you know that you can almost get a double dose of ultraviolet (UV) radiation at the snow?

Snow and water increase your risk of sun damage as they reflect up to 90% of UV radiation on a clear day. Are you heading for the slopes? Check out these SunSmart tips:



- ✓ Slap on a winter hat, such as a balaclava, hood or a beanie with flaps to cover your ears
- ✓ Slide on goggles or wrap-around sunglasses
- ✓ Apply SPF30+ or higher, broad spectrum and water resistant sunscreen and lip balm at least 20 minutes before going outside
- ✓ Reapply sunscreen every two hours – put a small tube in your jacket pocket
- ✓ Take a break from the slopes during the middle part of the day.

Be SunSmart and your children will follow your lead. Enjoy the winter!

To help keep your kids safe, check your schools SunSmart status by heading to www.sunsmartnsw.com.au





Parent Action Symbol!

If you see this symbol next to an item, then it is something that you may either have to action or note in your diary.



UPCOMING PAYMENTS



Stage 3 Costume Hire

When: Tuesday 24 and Wednesday 25 November
Where: Nareena Hills Public School
Cost: \$10.00
Due: **DUE NOW**

PLEASE NOTE: IF YOU MAKE AN ONLINE PAYMENT BEFORE 6PM, THE PAYMENT WILL APPEAR IN THE SCHOOL'S BANK SUMMARY DETAILS THE NEXT MORNING.



CANTEEN NEWS



Canteen Volunteers

Thank you to all those who have volunteered for the canteen roster for 2016.



Unfortunately, at this stage we only have enough volunteers to open 3 out of every 4 weeks in 2016.

Please consider volunteering, it is a great opportunity to be part of the school community and see your kids smiling faces over the counter. We love grandparent helpers too!

Contact Cheree Beattie on cheree.beattie@hotmail.com if you are interested and advise her of your preferred day (Wed or Thurs) and your availability.

Thank you

Amanda Schipp
Canteen Coordinator





PRINCIPAL'S MESSAGE CONTINUED



Student Holiday Reading

There are many excellent children's books that students can engage with over the school holidays.

The Children's Book Council of Australia (CBCA) [Book of the Year Awards 2015](#) is a good starting point for recommendations, or try their [previous award winners](#).

When parents are selecting a book, the most important advice is to choose one that will generate enthusiasm for and an interest in reading, leaving the student with a feeling of achievement and motivated to read another book.

When advising parents:

- ensure the book is at a recreational reading level for the student (5 or more words on a page that the reader is unsure of or does not know indicates it is too difficult)
- identify a suitable genre, theme or topic that is interesting to the reader
- suggest books where there are other books by that author. This will make finding the next book easier
- speak to the school or local librarian. They are experts in children's literature and will be able to make recommendations specific to each child. They also know the most current popular books.

[Supporting your Child in Learning to Read](#) on the BOSTES website provides information and suggestions for parents when they are reading with their children at home.

Giselle Coltman
Principal



SCHOOL NEWS



Lost Property



As the end of term approaches, parents are reminded to ask their child/children to check lost property. Parents are advised that on the last day of term any items of clothing not collected will be donated to the school's second hand uniform and other items will go to St Vincent de Paul.

A reminder to please ensure that ALL your child/children's items are clearly labelled to enable them to be returned.



School Banking

Parents **DO NOT** send in School Banking next week as it has finished for the year. Thank you to everyone who has participated through out the year and we hope to see you all back banking in 2016.





ROSA AWARDS



Congratulations to the students who received ROSA awards for this term. Following are some photographs of the recipients.

KF



KH



KS



1/2C



1/2J



1/2T



2/3C



3/4C



3/4G





ROSA AWARDS CONTINUED



3/4L



5/6B



5/6C



5/6M



END OF YEAR AWARDS



Citizen of the Year



Community Spirit



Environmental



Outstanding Scholar



School Leadership





END OF YEAR CONTINUED



School Sports Person



Winning House - Banksia



Premier Sporting Challenge



Figtree High School Scholarship



Assembly presenters



Mrs Rickersey Years of Service Award





NOTICEBOARD ITEMS




South Coast Region
DISCOVERY
 WALKS, TALKS AND TOURS
 National Parks & Wildlife Service
 Summer Holiday Program 2016

Includes
 Sharing the Shoreline
 beach activities and
 Shorebird Shorts film nights
 29 December to 23rd January

Enjoy the
 South Coast's
 unique
 shorebird
 experience

Full details
 overleaf

NSW

Discovery Summer Holiday Program 2016

Monday 4th & 11th January
 Fitzroy Falls Visitor Centres, Morton National Park

Tuesday 5th, 12th & 19th January
 Seven Mile Beach National Park

Wednesday 6th January
 Minnamurra Rainforest Centre, Budderoo National Park

Thursday 7th & 14th January
 Dherowal National Park

Friday 8th, 15th & 22nd January
 Depot Beach Campground, Murrumbidgee National Park

Saturday 9th, 16th & 23rd January
 Lady Denman Complex, Dent St Huskisson

Full details overleaf

For further details or more Discovery activities across NSW visit: www.nationalparks.nsw.gov.au
 To book please phone 02 4887 7270

For National Parks and Wildlife Service general information phone: 1300 361 967





We're looking at you!



The great host family hunt is on again! WEP Australia is looking for volunteer host families to welcome exchange students arriving soon!

Jump online to see student profiles or contact us as soon as possible!

info@wep.org.au wep.org.au/hosting 1300 884 733

Sydney's largest school holiday program returns this summer school holidays! There are 60+ fun-filled activities to keep kids active, outdoors and entertained. A range of activities are free or under \$25, making it affordable to discover Sydney's most exciting playground this holidays.

Archery – Kids on Target & Little Archers
 All Day Holiday Recreational Program
 Science, cooking, writing workshops
 Gymnastics
 Circus Skills & Flying Trapeze

Apla International Sydney Kids' Tennis Day
 Summer Weekends
 Sport & adventure camps
 Australia Day celebrations - FREE
 ...and lots more

Full details at www.kidsinthepark.com.au

It would be greatly appreciated if you could include the above activities in your school newsletter.

Kind regards
 Sydney Olympic Park Team

BEFORE SCHOOL CARE Figtree Heights OOSH

Figtree Heights Public School
 St George Av Figtree 2525
 PH: 4227 2515
 M: 0412 012 061
 Email: centre@fhoosh.net
 Website: www.fhoosh.net



NOW OFFERING BSC as a Trial for Term One of 2016 Book now!

6am – 9am (school drop off starts from 8:30am)

Transport to school on OOSH bus (if required)

Breakfast

Getting ready for school activities

Games and crafts

Only \$20 per child per day

Child care benefits available

Supporting our local families providing quality care with quality educators providing fun and engaging activities for your children.

Guitar for Life - is accepting new students for 2016. Learn to play guitar, bass, acoustic, classical or ukulele from an experienced and enthusiastic teacher and musician. All styles taught, all ages levels welcome. All lessons are one-on-one and targeted to your needs. Please contact Gordon on 42252253 or 0414 899 007





NOTICEBOARD ITEMS CONTINUED



**CALLING ALL
LEGO ENTHUSIASTS**

DISCOVER OVER 100 SUPER-SIZED LEGO DISPLAYS THESE SCHOOL HOLIDAYS, TOY BRICK FAIR LEGO SHOW 5-17 JANUARY 2016.

Wollongong Central
Lower Ground near Coles
\$5 per person (2 years & under free)

TOYOTA INVITES YOUR STUDENTS TO BE PART OF A FUN AND CREATIVE ACTIVITY!

THE 10TH DREAM CAR ART CONTEST

DRAW YOUR DREAM CAR FOR A CHANCE TO WIN!

The top 3 entries in age categories: under 8; 8 to 11 and 12 to 15 years, judged to be the best in Australia, WIN a Samsung Galaxy S2 tablet!

All 9 Australian winners will be entered into the "World Contest" to WIN a trip to the awards ceremony in Japan.

For details and full terms and conditions, visit: toyota.com.au/dreamcar

ENTRIES CLOSE 19 FEBRUARY 2016
toyota.com.au/dreamcar

Full terms and conditions are available at www.toyota.com.au/dreamcar. The entrant must be an Australian resident aged up to 15 years old at the time of the contest. An entrant must draw or paint an original artwork depicting their idea of "My Dream Car" on paper no larger than 300mm x 300mm in size. Each entry must be accompanied by a correctly completed entry form which can be downloaded from www.toyota.com.au/dreamcar. Contest opens on 7/12/2015. Competitive entries must be mailed to Locked Mail 7000, Neutral Bay Junction, NSW 2059 and be received by 11:59 am AEST Friday 19 February 2016. The promoter is Toyota Motor Corporation Australia Limited, 155 Darter Street, Port Melbourne, VIC 3207.

PLEASE PASS ON THIS INFO TO INTERESTED STUDENTS, TEACHERS & PARENTS
To opt out from Future Bullet Marketing fax promotions, contact info@bullet.com.au or fax: (02) 9904 4877, ABN: 30 085 680 539

AST SURF SCHOOL PRESENTS

West-Bix SURF GROMS 5-12 YRS

1800 711 189
NORTH GONG THE FARM BULLI

POPULAR SUMMER SESSIONS

SUMMER PROGRAMS STARTING: 11TH DEC
- HOLIDAY PROGRAMS: 11TH - 15TH & 18TH - 22ND AT ALL LOCATIONS
- SURF GROMS IS A HEALTHY FUN WAY TO KEEP KIDS ACTIVE OVER THE SUMMER BREAK
- BOARDS & WETSUITS PROVIDED. ALL COACHES ARE CERTIFIED BY SURFING AUSTRALIA

BOOK YOUR PLACE NOW!
WWW.SURFGROMS.COM.AU

TO FIND OUT MORE:
1800 711 189
INFO@AUSTRALIANSURFTOURS.COM.AU

SURF SCHOOLS
Australian Government
Australian Sports Commission

CIRCUS WORKSHOPS KIAMA

Get the kids out and active with some great circus fun.

Learn **Trapeze, acrobatics, juggling, unicycling, Hula Hoops, comedy performance** and how to work in a group. The workshops will focus on mental and physical development, confidence building, dexterity and the basics of performance. We guarantee exhausted happy kids!!

Most of all, we intend to have a lot of fun.

WORKSHOP DETAILS

GENERAL CIRCUS WORKSHOPS

WORKSHOP: One day general circus

AGE: 4 years and up

TIME: 10am-3pm

COST: \$50

DATE: 5, 6, 7, 8, 9, 10, 11, 12 & 13 Jan 2016

Possible to attend one or multiple days.

WHERE: "La Petite Grande" mini, big top, Hindmarsh Park, Kiama, NSW 2533

DETAILS: children need to bring their own lunch and water and wear comfy clothes and bring some sneakers.

Booking: <http://www.trybooking.com/JPZZ>

OR for questions contact Tamara on 0403 817 549

BOOKINGS FOR ALL WORKSHOPS ARE ESSENTIAL





'Code Like a Girl!' Workshop

Dear Parents,

During the Christmas holidays, Mount St Thomas Public School will be hosting an exciting opportunity presented by 'Girl Code', for girls aged 10-14. In a one day '**Code Like a Girl' Workshop**, girls will participate in a range of exciting technology activities including 3D printing, e-textiles, robotics and coding. It should be loads of fun and a fantastic learning opportunity.

Details of the 'Code Like a Girl Workshop' are as follows:

DATE: Thursday January 14, 2016

VENUE: Mount St Thomas Public School (Library)

COST: \$93.24

TIME: 8:30 am - 5:00 pm

LUNCH / RECESS: Bring own food and drinks.

TRANSPORT: Parents will need to organise transport arrangements.

AGE OF STUDENT: Girls aged 10-14. Older siblings are also welcome to enrol.

Please note:

Enrolments need to be completed online at this address.

<https://www.eventbrite.com.au/e/copy-of-girl-code-summer-2016-wollongong-tickets-19557721672?ref=ebtn>

- You can also Google **Girl Code Mount St Thomas** for the link,
- The supervising teacher, Mrs Jenni Faulconbridge, from Mount St Thomas Public School can email you the address: Jennifer.faulconbridge@det.nsw.edu.au

Although the provider, **Girl Code**, is running the day, Mrs Faulconbridge will be there all day to support and supervise the students.

