



NAREENA HILLS PUBLIC SCHOOL

HILLS HIGHLIGHTS



Web site - <http://www.nareenahil-p.schools.nsw.edu.au>

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Week 9, Term 4

3 December 2012

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COMING EVENTS

Wednesday 5 December	- Figtree High School - Year 6 Orientation Day
Wednesday 5 December	- School Assembly – KC Item
Thursday 6 December	- Combined Scripture Christmas Service
Thursday 6 December	- Thank you Morning Tea for our Helpers
Tuesday 11 December	- Jamberoo Excursion Years 5 & 6
Tuesday 11 December	- S2 End of Year Excursion to Greater Union Cinemas
Tuesday 11 December	- Early Stage 1 & Stage 1 Party Day - School
Wednesday 12 December	- Christmas Sing-a-long Assembly
Thursday 13 December	- Kinder 2013 Playtime Morning
Friday 14 December	- Gold Award Morning Tea
Monday 17 December	- Final Assembly Presentation Day
Monday 17 December	- Year 6 Dinners & Disco
Tuesday 18 December	- Have-A-Go Show
Tuesday 18 December	- Salvation Army Gift Appeal
Tuesday 18 December	- Gold Award Morning Tea

PRINCIPAL'S MESSAGE

End of Year Presentation Assembly



As you are all aware the end of year presentation assembly is to be held on Monday 17 December. Parents of students receiving awards will be informed in the coming week. We would like award recipients to be kept a secret!

Due to the increasing size of the school we have decided to slightly change the format of our assembly in an attempt to have parents of award recipients seated in the hall to watch their children receive an award. Unfortunately the hall will not accommodate all parents of Nareena Hills Public School.

- Students receiving awards in classes KC, KMB, K/1HB, 1B, 1/2T and 2G and 2F will be presented with their awards from 9:30 - 10:15am.
- This means that parents of K-2 students who are receiving awards are invited to attend the presentation assembly from 9:30 – 10:15am.

We will then have a short break so that the parents of K-2 students leave.

- Students receiving awards in classes 3F, 3/4B, 3/4PG, 4/5K, 4/5M, 5/6C and 5/6L will be presented with their awards from 10:30 am.
- Parents of Year 3-6 students who are receiving awards are invited to attend the presentation assembly from 10:30 – 11:30 am.

The Year 6 Farewell will be held at Midday. Parents of Year 6 students are invited to attend.

Time End of Year Presentation Monday 17 December - Program

9:30 am **Presentation of K- 2 awards.**

Parents of K-2 students receiving awards attend from 9:30-10:15 am.

10:15 am Short break. K-2 parents leave.

10:30 am **Presentation of Year 3 - 6 awards.**

Presentation of Figtree High School Scholarship Award.

Presentation of Platinum Awards Years 3 -6.

Presentation of Rotary Citizenship Award.

Presentation of Year 6 gift to the school.

Parents of 3-6 students receiving awards attend from 10:30 -11:30 am.

Parents of 3-5 students leave the hall.

11:30 am **Recess**

Midday **Year 6 Farewell.**

Parents of Year 6 students attend from 11:30 am.

Miss Forster who was to teach 2G until the end of term has been fortunate enough to secure a permanent classroom teaching position in Jindabyne. Ms Forster's last day will be Friday 7 December.



Miss Nicole Edwards will have responsibility for 2G until Mrs Gray returns on Wednesday 19 December.

Mr McGuinness has indicated that he will not return to Nareena Hills Public School in 2013. He intends to take long service leave until his pending retirement. I would like to formally acknowledge the outstanding contribution that Mr McGuinness has made not only to Nareena Hills Public School but to the education of hundreds of students that have had the great fortune of having Mr McGuinness as their teacher. His contributions to PSSA sport will be greatly missed as will his dedication and commitment to ensuring the best outcomes for all students in his care.

Platinum Awards

It is my pleasure to announce that Emmerson will receive a platinum award at the Annual School Assembly to be held on Monday 17 December. Congratulations Emmerson for her constant modelling of the values of our school.

Assembly

This week's assembly is the KC Assembly and it will start at 2.15 pm.

Giselle Coltman
Principal

CONGRATULATIONS

Congratulations to the following children who have achieved their Gold Certificate status-



Alicia	Aiden	Bailey
Jemma	Kye	Jye
Emma	Ebony	Melanie
Emma	Aleksia	Ruby
Kurt	Emmerson	Bria
Macey	Keeley	Ruby
Bella	Georgia	Amelia
Lily	Callum	Sophia
Chloe	Alyssa	Yasmin
Lachlan		

These certificates will be given out at the Assembly 12 December

Congratulations to the following children who have achieved their Silver Certificate status -

Leah	Olivia	Alexander	Luka
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These certificates will be given out at the Assembly 12 December

What Notes Went Home Last Week (26 November – 30 November)

Note topic	Who got it?	When was it sent?
K-2 End of Year Activities	Students in K-2	Thursday 29 November

PARENT HELPERS MORNING TEA

Our morning tea to thank all of the parent helpers this year will be held this Thursday at 11.10am. Please read the attached invitation (or return the printed copy your child brought home last week) and return the RSVP to the box in the main office as soon as possible. This will help us with catering.

Thank You
Jo Jordan

CHANGES TO CANTEEN ON THURSDAY

Due to the Parent Helpers Morning Tea the school will be changing its bell times on Thursday. Lunch will be held from 11.00 am until 12.00 pm and recess will be later in the day starting at 1.35 pm. On Thursday the canteen will be open but is not able to offer hot food for lunch time. Sandwiches will be on offer.

Thank you for your support in helping the canteen ladies on this day.
Jo Jordan

HAVE-A-GO SHOW & SALVATION ARMY CHRISTMAS DRIVE - MUFTI DAY

On Tuesday 18 December the children can wear mufti clothes (must wear joggers and shoulders to be covered) to school in support of the Salvation Army Christmas Drive.

The Salvation Army would also be happy to receive **KMart only gift vouchers**. If you wish to donate a voucher please give them to Mrs Rickersey at the office.

Students are requested to bring gifts on this day. Items should not be wrapped. The Salvation Army will attend just before the Have-a-Go Show commences on 18 December to receive our school's donations.

COMMUNITY NOTICEBOARD ITEMS



CANTEEN ROSTER

Wednesday 5 December: Rachel Kendon, Rebecca Daykin, Leone Paiola, Cheree Beattie
Thursday 6 December: Karmen Bond, Bridget Newman, Karen Gillespie, Suzanna Burrows

CANTEEN END OF YEAR CELEBRATION

We are having a Christmas dinner for all Canteen Volunteers to thank all and farewell some on the 19 December 6.30pm at Murphy's Bar and Grill Unanderra.

Please write your name on the list in Canteen so we can book numbers.

Thank you to all who have volunteered their time to keep our Canteen open, new volunteers are very welcome for next year. Forms are available from the school front office.

Don't forget school hats are available from the school canteen \$15.00 each, one size only (not available from Lowes).

Canteen Committee

CANTEEN VOLUNTEERS NEEDED FOR 2013

We are looking for any new parents to join our group of volunteers for 2013.

Although the canteen is currently open on Wednesdays and Thursdays, it is hoped that there will be enough volunteers to open additional days in 2013.

If you are able to help out and volunteer your time for next year, can you please complete the attached request form and email your availability to vanessa@sturmans.com.au.

CRUNCH CORNER

Takeaway Foods Can Add Up

Have you noticed some fast food restaurants now display the number of kilojoules in their meals and drinks? New regulations in New South Wales require larger food chains to exhibit the average number of kilojoules next to the foods and beverages listed on their menu boards. These chain food outlets must also display the **average kilojoule (kJ) intake for an adult**, which is **8700kJ per day**.

You may need fewer or more kilojoules each day to maintain a healthy weight. If you're interested to find the right number of kilojoules for you and your children, go to www.8700.com.au. Here you will find:

- a handy tool that calculates how many kilojoules are right for you and your children. Simply go to the 'kJ Explained' tab and then 'Your Ideal Figure'.
- a search tool that allows you to check the kilojoule content of over 3000 fast foods, before you head out.
- a free '8700kJ mobile app' to download and help you make informed food choices when eating out.
- practical tips and tools to help you and your children achieve the right balance between the kilojoules you consume and the kilojoules you burn.

The 8700 website and free app are certainly worth a look, so check them out.

By Vanessa Schuldt – Dietitian & Nutritionist

LATE APPLICATIONS FOR SELECTIVE HIGH SCHOOL PLACEMENT

Applications for selective high school placement were due between 16 October and midnight on 19 November 2012. The normal application process has now closed.

If you require the procedure for a late application for selective high school placement see Mrs Rickersey at the front office.